# FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
OMB Number:	3235-0287
Estimated average	
burden hours per	
response:	0.5

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * LUNDY MARK H	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Person(s) to (Check all ap	oplicable)		
(Last) (First) (Middle) 60 CUTTER MILL ROAD, SUITE 303	3. Date of Earliest Transaction (Month/Day/Y 08/03/2023		Director Officer (give title below) Sr. VP & Asst Secy.	<ul><li>10% Owner</li><li>Other (specify below)</li></ul>		
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month	/Day/Year)	<ul> <li>6. Individual or Joint/Group Filing (Will be automatically set)</li> <li>Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>			
	t to a contract, instruction or writter ruction 10.	n plan that is intended to satisfy				

5	(Month/Day/Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (Instr. 3, 4 and 5)	(A) or Disposed of (D)		Securities Beneficially	Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	08/03/2023		Α		4,550	А	(1)	194,928	D	
Common Stock								78,342 <sup>(2)</sup>	Ι	By spouse as trustee for trust

### Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion	3. Transaction	3A. Deemed	4. Transaction Code		5. Number of		6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying		8. Price of	9. Number of	10.	11. Nature of
(Instr. 3)	or Exercise	Date (Month/Day/	Execution Date, if	(Instr. 8)		Derivative		(Month/ Day/ Year)		Securities		Derivative	Derivative	Ownership	Indirect
	Price of	Year)	any (Month/ Day/		Securities				(Instr. 3 and 4)		Security	Securities	Form of	Beneficial	
	Derivative		Year)			Acquired (A) or						(Instr. 5)	Beneficially	Derivative	Ownership
	Security					Disposed of (D) (Instr. 3, 4, and 5)							Owned	Security:	(Instr. 4)
													Following	Direct (D)	
				Code	V	А	D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Reported Transaction(s) (Instr. 4)	or Indirect (I) (Instr. 4)	

#### **Explanation of Responses:**

- 1. Represents the date that the compensation committee determined that the metrics with respect to the shares underlying the RSUs granted in 2020 had been satisfied. The related performance period ended June 30, 2023.
- 2. The reporting person's spouse is a co-trustee of the trust. The reporting person disclaims beneficial ownership of these securities, and the filing of this report is not an admission that the reporting person is the beneficial owner of these securities for purposes of section 16 or for any other purpose.

**Remarks:** 

/s/ Mark H. Lundy by Isaac Kalish, his attorney in fact 08/07/2023
\*\*Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.